



# COMMUNITY HEALTH IMPROVEMENT PLAN

WITH IMPLEMENTATION STRATEGIES FY2024-2026

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**PREVENT AND MANAGE CHRONIC DISEASE**

**Goal: Diabetes**

By June 2026, Harvey County will decrease the diabetes hospital admission rate by increasing the proportion of people with diabetes who get formal diabetes education and resources.

- **Baseline:** 16.8 per 10,000
- **Target:** 13 per 10,000
- **Data Source:** Kansas Health Matters (retrieved 5/2023)

Reduce proportion of older adults who use inappropriate medications - Healthy People (HP) 2030-OA-02  
Harvey County CHN

STRATEGIES	ACTION STEPS	OUTPUTS		
		Short-term (6 mo. – 1 year)	Intermediate (1.5 - 2 years)	Long-term (2-3 years)
Development and implement a disease-specific Community Health Care Plan that includes a comprehensive diabetes resource component.	NMC Health will commit to visiting multiple community outreach programs for varying age groups to share diabetes resources and information.	<b>Diabetes presentations to 1-2 community programs.</b> In Fiscal Year (FY) 2024, the following community programs were attended: Senior Health Fair, Newton High School, and group classes resumed.	Provide three community outreach events.	Provide four community outreach events.
Increase the proportion of people with diabetes who get formal diabetes education.  <b>Diabetes Education-trend # participants</b>	NMC Health will commit to providing increased access for diabetes education by expansion of services to the NMC Health clinics in Hesston, Valley Center, Park City and North Amidon.  <b>Diabetes education participants will demonstrate a reduction in HgbA1c's with a goal of &lt;7 for the program.</b>	<b>Expansion of Diabetes Education to one off-site clinic.</b> In FY 2024, the Diabetic Educator, reached out to NMC clinics to arrange time to develop a plan for meetings held at clinics to begin seeing patients. The Diabetic Educator transitioned during quarter three and the current Diabetic Educator initiated introductions to program with community clinics.	Wellness First Wednesday lunch will feature Diabetes in November 2025.  Offer two outreach opportunities with clinic population.  Maintain tracking and trending of participants HgbA1C.	

<p><b>Work (engage) with pediatric diabetic/pre-diabetic populations</b></p>	<p><b>NMC Health will partner with Elementary Schools on diabetes prevention through healthy-eating-habits early education.</b></p>	<p><b>The Diabetic Educator follows participants for 6 months and obtains an HbgA1c at the end of that time period.</b></p> <p>In FY 2024, the Diabetic Educator continued to collect Hemoglobin A1C for tracking and trending purposes.</p> <p><b>Partner with 2 elementary schools in Newton to offer education on healthy eating habits.</b></p> <p>This outcome was not realized due to staff transition. Re-evaluating feasibility of this goal with Diabetic Educator.</p>	<p>Complete feasibility assessment of continuing this intervention. Assess other facilities or organizations in the community that may be addressing this need to collaborate efforts.</p>	
<p><b>Support community organizations with efforts to provide early education healthy eating programs</b></p>	<p><b>NMC Health will sponsor the Kansas Learning Center for Health’s (KLCH) healthy eating education program for Newton Elementary School Students.</b></p>	<p><b>Sponsor KLCH as part of our annual community giving efforts to provide programs to Newton students.</b></p> <p>During FY 2024, NMC provided donation towards the KLCH healthy-eating-habits early education.</p>	<p>Continue to sponsor KLCH.</p>	

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<p><b>Provide a free monthly diabetes support group for education to those in the community with diabetes and/or their caregivers</b></p>	<p><b>Expand monthly attendance in NMC Health’s Diabetes Support Group by 25% by 2026.</b></p>	<p><b>Benchmark current attendance levels and patterns.</b></p> <p><b>Increase attendance by 5% by year end.</b></p> <p>In FY 2024, there were enhanced marketing efforts as evidenced by roadside digital signs and flyers to Chambers/Health Dept added for promotions, Medical Staff newsletter promotions and monthly event flyers also distributed to Harvey County Senior Centers. Total attendance for fiscal year 2024 =82.</p>	<p><b>Increase attendance at support group by 5% from FY 2024 attendance.</b></p>	
<p><b>Increase free exercise opportunities</b></p>	<p><b>Continued support of FitTrail and LifePath accessibility.</b></p>	<p><b>Promote use of the LifePath, both internal and external to NMC Health.</b></p> <p>In Q1, there were 5 social media posts to encourage walking for Walktober. In Q3, the chaplain initiated management of the brochures in the box on the LifePath and keeps it stocked and ordered as necessary. The FitTrail and LifePath were part of Million Hearts designation this fiscal year. Facilitates dedicates approximately <u>88</u> hours to maintaining the fit path for community members.</p>	<p><b>Continue to support FitTrail and LifePath for community accessibility.</b></p>	

**NMC HEALTH COMMUNITY HEALTH IMPROVEMENT PLAN FY2024-2026**

<p><b>Provide diabetes screening regardless of medical care access</b></p>	<p><b>Initiate one marketing strategy for diabetes screening.</b></p>	<p><b>Assess marketing strategies for promotion of diabetes screenings. Initiate new or expand existing strategy by year end.</b></p> <p>Throughout the year, there were 22 social media posts for the diabetes education support group meetings, 40 to encourage completing annual wellness checks or adopting healthy habits, and 21 for nutrition education.</p>	<p>Complete two marketing campaigns on diabetes and diabetes prevention.</p>	
<p><b>NMC Health will have a representative on the Harvey County Wellness Committee</b></p>	<p><b>Chronic Disease Directory development.</b></p>	<p><b>NMC Health will designate one person to be a representative to Chronic Disease Directory project.</b></p> <p>NMC Health is evaluating Harvey County’s active committees and the NMC Health staff member to represent and report objectives to NMC Health from the committee.</p>	<p>NMC Health appointed staff member to attend and report back objectives of the Harvey County Wellness Committee.</p>	
<p><b>Identified need for individuals to understand the importance of accurate medication lists</b></p>	<p><b>Medication Maintenance List Education to be developed by NMC Health/Home Care.</b></p>	<p><b>NMC Health Home Care shall host 1 event in year 1. Event shall aid in creating an accurate medication list and educating on the benefits of utilizing a medication organizer.</b></p> <p>In FY 2024, Home Care was unable to conduct an education session. Barriers</p>	<p>This intervention is retired due to outreach resource constraints. Active medication education interventions exist upon transition from services that NMC Health offers.</p> <p>Evaluate alternative intervention to meet the identified need.</p>	

**NMC HEALTH COMMUNITY HEALTH IMPROVEMENT PLAN FY2024-2026**

		<p>presented with proposed venue and coordination.</p> <p>Feasibility of this action item is in progress. Community partner has not expressed interest in this intervention at this time. NMC Health will continue to provide medication education upon transition.</p>		
<b>CROSS-WALK</b>	High blood pressure, healthy food access. Focus on previous CHIP walking trails, Lions Club diabetes			
<b>PREVIOUS WORK</b>	Walking trails, Walkie-Talkies at NMC Health			
<b>DEPARTMENT/DIRECTOR RESPONSIBLE: Chief Clinical Officer, Director of Outpatient Services, Diabetic Educator, VP Clinics, Director of Marketing, Director of Home Care, Director of Volunteer Services</b>				



PREVENT AND MANAGE CHRONIC DISEASE

Goal: Cancer screenings

By June 2026, increase the proportion of people completing cancer screenings by increasing the proportion of people who discuss intentions to prevent cancer with their providers (HP 2030 C-R02), increasing the episodes of educational offerings, informing of suggested screening protocols and engaging Family Practice Providers to talk about low-cost/no-cost screening offerings.

- **Baseline:** 71.4% of Mammogram in past 2 years (50-74); Cervical Cancer Screening: 21-65 (82.8%); 70% Colon Cancer Screening USPSTF\*
- **HP2030/CHIP Target:** 80.5% of Mammogram in past 2 years (50-74); Cervical Cancer Screening: 21-65 (84.3%); 74.4% Colon Cancer Screening USPSTF\*
- **Data Source:** Kansas Health Matters (retrieved 5/2023)

STRATEGIES	ACTION STEPS	OUTPUTS		
		Short-term (6 mo. – 1 year)	Intermediate (1.5 - 2 years)	Long-term (2-3 years)
Promotion of annual screenings	Family practice settings will host screenings promotion/event.	<p><b>NMC Health clinics will initiate one marketing strategy for annual wellness physicals for all persons.</b></p> <p>Throughout the year, there were 40 social media posts encouraging annual wellness checks, 24 post of wellness tips to develop healthy habits, 21 posts for heart health, 43 posts related to cancer or other conditions encouraging doctor visits for check-ups.</p> <p>A Holiday Wellness campaign included paid Halloween and Thanksgiving ads on social media, an Advent calendar focused on 25-days of healthy tips through blogs, social media posts and a landing page with a downloadable</p>	Continue prior year efforts. Goal to increase % of patients scheduling annual wellness exams vs. prior year.	Continue efforts. Goal to improve on % of patients scheduling annual wellness exams vs. prior year.



		<p>wellness checklist. A paid Give the Gift of Health campaign garnered 36,610 online views, and postcards were mailed to households in our zip code service areas.</p> <p>“Say YES to Your Health” campaign ran from January thru June with paid ads. Meta garnered 54,795 views, and 3,302 clicks to a wellness landing page at a cost of \$1,851.09. Google garnered 65,468 views, 2,571 clicks to our landing page, and 449 conversions at a cost of \$1,349.49.</p> <p>Wellness First Wednesday featured a session on five tests that could save your life in June. Presenting speakers were Dr. Charles Craig and Jennifer Hamm.</p>		
<p><b>Consider cultural and linguistic barriers when promoting cancer screenings</b></p>	<p><b>Evaluate current practices, establish areas of opportunity, develop implementation plan, and means of measurement.</b></p>	<p><b>Assess and develop implementation plan for addressing literacy in the hospital and any applicable educational efforts.</b></p> <p>In FY 2024, a charter was completed that addresses assessment of current practices.</p>	<p>Complete implementation plan and educational efforts. Measure and report results.</p>	<p>Evaluate success, adjust efforts as needed. Measure and report on continued efforts.</p>

**NMC HEALTH COMMUNITY HEALTH IMPROVEMENT PLAN FY2024-2026**

<p><b>Increase screening locations opportunities for improved access, with a focus on underserved populations</b></p>	<p><b>Collaborate with Health Ministries Clinic (HMC) to deliver screening events to underserved populations.</b></p>	<p><b>Explore collaboration opportunities. Host a collaborative planning meeting with HMC.</b></p> <p>In FY 2024, a media campaign was completed June 5, 2024 that featured Routine Wellness such as PSA's, Colonoscopies and Mammograms. There was a hosted lunch and learn educational event in June on the topic of five screening exams that can save your life.</p>	<p>Pilot one screening event.</p>	<p>Build a plan for expanded screening events.</p>
<p><b>NMC Health Representative to the Harvey County Wellness Committee</b></p>	<p><b>Chronic Disease Directory development.</b></p>	<p><b>NMC Health will designate one person to be a representative to Chronic Disease Directory project.</b></p> <p>In FY 2024, NMC Health identified that a member of the Case Management Department will participate in the committee.</p>	<p>Case Manager participate in committee. Develop directory for one chronic disease, available for distribution to the public.</p>	
<p><b>CROSS-WALK</b></p>				
<p><b>PREVIOUS WORK</b>      In the past CHIP, one of the goals was to engage Family Practice to increase usage of ADA pre-diabetic screening tool.</p>				
<p><b>DEPARTMENT/DIRECTOR RESPONSIBLE: VP of Clinics, Director of Imaging, Director of Marketing</b></p>				

**PREVENT AND MANAGE CHRONIC DISEASE**

**Goal: Decrease Cardiac Disease**

By June 2026, decrease the proportion of adults diagnosed with hypertension (HP2030 HDS-04) by improving access for BP checks and referring to existing resources such as the Healthy heart ambassador or K-State Research & Extension programs. The goal is for individuals to develop their “disease” care plan.

- **Baseline:** 30.2%
- **Target:** 27.7%
- **HP2030 Target:** 42.6%
- **Data Source:** Kansas Health Matters (retrieved 5/2023)

STRATEGIES	ACTION STEP	OUTPUTS		
		Short-term (6 mo. – 1 year)	Intermediate (1.5 - 2 years)	Long-term (2-3 years)
Determine major employers who have health/wellness incentives built into their Healthcare benefits	<p>NMC Health to offer wellness incentives in the following ways to NMC Health employees:</p> <ul style="list-style-type: none"> <li>• Employee Wellness Committee</li> <li>• Discount to fitness center</li> </ul>	<p><b>Establish annual wellness incentive plan.</b></p> <p>In FY 2024, the following activities occurred:</p> <p>Q1- An ongoing employee-health benefit financial subsidy of \$75/year/employee who holds a YMCA membership</p> <p>Q2- Ongoing</p> <p>Q3- Update from Wellness Committee</p> <p>Q1- Stretch &amp; Hydrate Wellness Challenge, 98 employee participants</p> <p>Q2- Walktober Marathon Wellness Challenge, 117 employee participants</p>	Continue to offer wellness incentives to NMC Health employees.	

		<p>Q3- Portion Control Wellness Challenge, 96 employee participants</p> <p>Q4 – Healthy Mind and making positive social connections for better mental health, 116 employee participants</p>		
<p><b>Increase number of employers with policies that promote wellness in the workplace to help reduce the risk of high blood pressure among employees</b></p>	<p><b>Collaborate with Healthy Harvey Coalition (Harvey County Wellness Committee) and other community organizations as initiatives development.</b></p>	<p><b>Inform and utilize community developed incentives at NMC Health.</b></p> <p>In FY 2024, NMC hosted/presented at the Chamber of Commerce breakfast. Employers introduced to the encouraging wellness plan and encouraged to promote among workforce via ‘preventive health’ practices.</p> <p>On 05/01/2024-Dr Koontz and Jonathan Thiel presented for Cardiac Health.</p> <p>On, June 5<sup>th</sup> Cardiac Calcium Screening was highlighted.</p>		
<p><b>Improve the proportion of adult stroke and heart attack survivors that participate in rehab services</b></p>	<p><b>NMC Health will commit to strategize with community outreach programs to increase resources and information regarding cardiac disease for the community.</b></p>	<p><b>NMC Health will utilize the TAKEheart program to increase access for patients to enter and complete Cardiac Rehab.</b></p> <p>In FY 2024, the Million Hearts initiative began and NMC Health was awarded the designation. A marketing</p>	<p>In FY 2025, NMC Health will have 2 staff members participate on the committee for the AHA Wichita Heart Walk. Each year we have many representatives in the event. This year we will also be assisting in the development and</p>	

**NMC HEALTH COMMUNITY HEALTH IMPROVEMENT PLAN FY2024-2026**

		project brief included social media and google ad campaigns to encourage cardiac rehab following heart incidents (73,608 ad views); direct mail postcard to 500+ providers developed for February mailing during Heart Month. Postcards mailed to 500+ providers. Google – 172,882 impressions, 1,568 clicks to our landing page, \$791.03 cost; Meta – 28,846 impressions, 1,065 clicks to our landing page, \$470.58 cost.	outreach for the event whose purpose is to raise awareness of and funds for research for cardiovascular disease and stroke.	
<b>Develop educational opportunities regarding healthy food options, healthy steps, and weight management</b>	<b>Under the guidance of the COO, the Employee Wellness committee will develop this education.</b>	<b>Plan an annual Wellness education plan for NMC Health.</b>  The Wellness Education Plan is inherent with the Employee Wellness Program. Each quarter has targeted information relative to one of the three focus areas of the Wellness Program (Healthy table, Healthy body, Healthy mind).		
<b>Provide basic heart health and blood pressure awareness to the community at large</b>	<b>NMC Health will include monthly social media efforts to educate the community on cardiac risks, prevention and statistics.</b>	<b>Establish social media posting calendar. Post a minimum of 1 time per month.</b>  Outcomes for FY 2024 include the following:	Evaluate effectiveness of efforts. Adjust as needed. Post a minimum of 1 time per month.	Evaluate effectiveness. Adjust as needed. Post a minimum of 1 time per month.

		<p>Q1 – 5 social media posts for hypertension, cholesterol and healthy heart habits                  Q2 – 4 social media posts on these same topics                  Q3 – 8 posts on these topics                  Q4 – 4 posts on these topics</p> <p>Establish a blog calendar and evaluate a possible podcast strategy featuring NMC Health providers. Implement based on results by year end.</p> <p>Outcomes for FY 2024 include:                  Q2 – 3 blogs as part of the Advent wellness campaign tied to heart health, stress reduction and movement                  Q3 – blog on diabetes and heart health</p> <p>See paid marketing campaign efforts on pages 8 &amp; 9. These efforts focused on making annual preventive wellness check-ups.</p> <p>Wellness First Wednesday featured heart health and rehabilitation in its May session. Presenting speakers were Dr. Jennifer Koontz and Jonathan Thiel, RN.</p>		
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**NMC HEALTH COMMUNITY HEALTH IMPROVEMENT PLAN FY2024-2026**

<p><b>Identified need for individuals to understand the importance of accurate medication lists.</b></p>	<p><b>Medication Maintenance List Education to be developed by NMC Health Home Care.</b></p>	<p><b>NMC Health Home Care shall host 1 event in year 1. Event shall aid in creating an accurate medication list and education on the benefits of utilizing a medication organizer.</b></p> <p>For FY 2024, Home Care was unable to conduct education session. Barriers presented with proposed venue and coordination. Feasibility of this action item in progress. Community partner not expressing interest in this intervention at this time. NMC Health will continue to provide medication education upon transition.</p>	<p>This intervention is retired due to outreach resource constraints. Active medication education interventions exist upon transition from services that NMC Health offers. NMC Health will continue to participate in Kansas Health Information Network (KHIN). The health network allows for interoperability in electronic medical records and medication lists.</p>	
<p><b>CROSS-WALK</b></p>	<p>Food &amp; Farm, Creative Placemaking, Diabetes &amp; Social and Economic Growth CHIP</p>			
<p><b>PREVIOUS WORK</b></p>	<p>K-State Research &amp; Extension HAARP, Health Ministries blood pressure checks on mobile unit, CHIP</p>			
<p><b>DEPARTMENT/DIRECTOR RESPONSIBLE: Chief Operations Officer, Director of Human Resources, Director of Home Care</b></p>				



**BIRTH OUTCOMES**

**Goal: Prevent pregnancy complications and maternal deaths and improve women’s health before, during, and after pregnancy**

**By June 2026, increase the proportion of pregnant women who receive early and adequate prenatal care, as defined by the adequacy of prenatal care utilization (APNCU) measure. (HP2030: MICH-08)**

- **Baseline:** 48.5% (or 164 of 340 births)
- **Target:** 53% of births
- **HP2030 Target:** 80.5%
- **Data source:** CMS access

STRATEGIES	ACTION STEPS	OUTPUTS		
		Short-term (6 mo. – 1 year)	Intermediate (1.5 - 2 years)	Long-term (2-3 years)
<p>Improve the health and well-being of mothers, infants, children and youth, including those with special health care needs, and their families. (KDHE’s Maternal &amp; Child Health purpose)</p>	<p>The Safe Sleep program will continue internally and offered at external events.</p>	<p><b>Safe Sleep education will be offered at the Community Baby Shower and the Community Safety Fair.</b></p> <p>In FY 2024 the community baby shower was completed in April 27,2024. Total persons served: 45</p>	<p>Continue to offer to the community.</p>	
	<p><b>NMC Health will offer Car Seat Check Lanes.</b></p>	<p>Two car seat Check Lanes will be offered annually. Completed on October 14, 2023 and May 25, 2024. Total persons served: 26</p>		
	<p><b>Social Media Awareness and Education.</b></p>	<p>Throughout the year, provided 21 social media posts related to mother/child health for pregnancy and newborn care. We also posted 4 times on topics of health equity for diversity needs like down syndrome, autism, physical disabilities, and limb loss.</p>		

**NMC HEALTH COMMUNITY HEALTH IMPROVEMENT PLAN FY2024-2026**

<b>CROSS-WALK</b>	
<b>PREVIOUS WORK</b>	Active Infant Transition Team pre-COVID, WIC, Breastfeeding Coalition, Connection Moms (virtual mainly new mom community through Central KS Community FDN grant), NMC Health conversations as of March 2023, Baby Shower events (pop-up and full)
<b>Lead Agency/Organization</b>	Community Health Worker – Chris Allen & NMC Health
<b>DEPARTMENT/DIRECTOR RESPONSIBLE: Director of Family Birthing Center</b>	

<b>BIRTH OUTCOMES</b>				
<b>Goal: Prevent pregnancy complications and maternal deaths and improve women’s health before, during, and after pregnancy</b>				
By June 2026, reduce the rate of infant deaths (within 1 year of age). from 9.2/1,000 to 8.0/1,000. (HP2030: MICH02)				
<ul style="list-style-type: none"> <li>• <b>Baseline:</b> 9.2/1,000</li> <li>• <b>Target:</b> 8.0/1,000</li> <li>• <b>HP2030 Target:</b> 5/1000</li> <li>• <b>Data source:</b> Kansas Health Matters (accessed 5/2023)</li> </ul>				
STRATEGIES	ACTION STEPS	OUTPUTS		
		Short-term (6 mo. – 1 year)	Intermediate (1.5 - 2 years)	Long-term (2-3 years)
Encourage obstetric, pediatric and family medicine practices to adopt policies to support safe sleep, breastfeeding, tobacco cessation, mental health care, and substance use	NMC Health hosts an established lactation office, which is staffed by a certified lactation consultant 4 days a week. The consultants are available for consults to patients in other units.	<p><b>Promote lactation consultant services.</b></p> <p>In FY 2024, enhanced educational materials developed highlighting community service. ¼ page cards developed for lactation consultation. Flyer developed for shaken baby syndrome. New items distributed at community baby shower.</p>	Will continue to offer lactation 4 days a week. Will continue to support and serve at the community baby shower and be involved in community coalitions.	
<b>CROSS-WALK</b>				
<b>PREVIOUS WORK</b>	Breastfeeding Coalition- baby showers, Safe Sleep/Back to Sleep education, Infant Toddler Services- specifically special education, KAIMH agency interaction			
<b>Lead Agency/Organization:</b> NMC Health & Community Health Worker				
<b>DEPARTMENT/DIRECTOR RESPONSIBLE: Chief Clinical Officer, Director of Family Birthing Center</b>				

<b>FAMILY PLANNING</b>				
<b>Goal: Improve pregnancy planning and prevent unplanned pregnancy</b>				
By June 2026, reduce the percent of pregnancies conceived within 18 months of a previous birth by 10%. (HP2030: FP-02)				
<ul style="list-style-type: none"> <li>● <b>Baseline:</b> data unavailable as of May 2023</li> <li>● <b>HP2030 Target:</b> 59.1%</li> </ul>				
STRATEGIES	ACTION STEP	OUTPUTS		
		Short-term (6 mo. – 1 year)	Intermediate (1.5 - 2 years)	Long-term (2-3 years)
NMC Health will establish practices to capture and report birth interval data to proper agencies.	<p>NMC Health will evaluate reporting abilities from electronic health record.</p> <p>NMC Health will implement potential solutions, if possible.</p>	<p>Research what other agencies organizations are already doing. Identify and evaluate any barriers to tracking/reporting. Establish baseline data.</p> <p>In FY2024, the report request was added to the Health Information Technology project list. Report build in process.</p>	NMC Health will build report and analyze the results for baseline reporting.	
<b>CROSS-WALK</b>				
<b>PREVIOUS WORK</b>	Incorporated at Community Baby Shower			
<b>DEPARTMENT/DIRECTOR RESPONSIBLE: Director of Health Informatics, Director of Family Birthing Center</b>				

**BEHAVIORAL HEALTH**

**Goal: Reduce youth substance use and increase positive mental health measures in adolescents in the county**

By June 2026, the following results will occur:

- Reduction of current tobacco use in adolescents
- Increase the % of children and adolescents who show resilience to challenges and stress
- Increase the % of adolescents who think substance abuse is risky
- Increase the % of children and adolescents who get preventive mental health care in school (HP2030 EMC-D06 – Developmental Status)

**Depression**

- **Baseline:** 36.4%
- **Target:** 33.5%

**Suicide attempts**

- **Baseline:** 10.8%
- **Target:** 9.5%

**30-day use of vapes, alcohol, and marijuana**

- **Baseline:** 4.2%, 6.5%, 3% respectively
- **Target:** 3.5%, 5.5%, 2%

**Risk of harm of vaping, alcohol, and marijuana**

- **Baseline:** 6.9%, 9.5%, 10.4% respectively
- **Target:** 6.5%, 9%, 10%

Data Source: Kansas Communities that Care survey - Harvey

County

STRATEGIES	ACTION STEP	OUTPUTS		
		Short-term (6 mo. – 1 year)	Intermediate (1.5 - 2 years)	Long-term (2-3 years)
Provide basic teen substance abuse and mental health awareness to the community at large	NMC Health will include quarterly social media efforts to educate the community on teen risks, prevention and statistics.	<p><b>Establish social media posting calendar. Post a minimum of 1 time per quarter.</b></p> <p>Outcomes for FY 2024 include:                      Q1 – 2 social media posts on addiction/drug misuse and 1 on suicide prevention                      Q2 – 11 social media posts on tips/awareness for mental health, 2 posts for teen addiction education/awareness, 11 blogs related to managing stress/improving mental health during Advent.</p>	Evaluate effectiveness of efforts. Adjust as needed. Post a minimum of 1 time per quarter.	Evaluate effectiveness of efforts. Adjust as needed. Post a minimum of 1 time per quarter.

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		<p>Q3 – 5 posts teen mental health, eating disorders, vaping</p> <p>Q4 – 12 posts on mental health and management tips, and 2 posts for teen addiction</p>		
<b>Support of community organization STAND</b>	<b>NMC Health will donate annually to facilitate the work of the STAND organization.</b>	<p><b>An annual donation will be made.</b></p> <p>In FY 2024, a monetary donation was provided to STAND. The Respiratory Therapy (RT) Manager initiated contact to become involved with the high school students through this organization.</p> <p>The RT Manager has attended 2 STAND/DFY meetings, March and April 2024.</p>	<p>Provide annual monetary donation in support of the STAND organization.</p> <p>NMC RT Manager will attend 2 STAND/DFY meetings.</p>	
<b>CROSS-WALK</b>				
<b>PREVIOUS WORK</b>	STAND carries out youth-led middle school presentations each year, so the focus would be strengthening the mental health peer-to-peer aspect of their work.			
<b>Lead Agency/Organization:</b> Mirror, Inc.; STAND; school districts				
<b>DEPARTMENT/DIRECTOR RESPONSIBLE:</b> Director of Respiratory Care; Director of Marketing				

<b>BEHAVIORAL HEALTH</b>				
<b>Goal: Improve Mental Health</b>				
By June 2026, increase the percent of Medicare adults who were treated for depression from 22% to 24% (HP 2030: MHMD-05)				
<ul style="list-style-type: none"> <li>• <b>Baseline:</b> 22%</li> <li>• <b>Target:</b> 24%</li> <li>• <b>HP2030 Target:</b> 69.5%</li> <li>• <b>CHIP 2023 Target:</b> NA</li> <li>• <b>Data source:</b> Kansas Health Matters</li> </ul>				
<b>STRATEGIES</b>	<b>ACTION STEPS</b>	<b>OUTPUTS</b>		
		<b>Short-term (6 mo. – 1 year)</b>	<b>Intermediate (1.5 - 2 years)</b>	<b>Long-term (2-3 years)</b>
<p>Research and/or develop a Train the Trainer curriculum for a model intervention aimed at community gatekeepers/lay persons</p> <p>Development of Community Behavior Health Care Plans</p>	<p>NMC Health will partner with local organizations to offer mental health education.</p> <p>To partner with Senior Behavioral Health Center (SBHC) LMSW.</p> <p>Community behavioral health follow up plans following discharge from hospital.</p> <p>Training for completion of SACK (Substance Abuse Center of Kansas) assessments.</p>	<p>NMC Health will host one public Mental Health First Aide class.</p> <p>In FY 2024, NMC Health and Prairie View met to assess community needs and current agency capacities. NMC Health hosted two meetings with Health Ministries, Prairie View, Mirror and NMC Health to develop consistent community messaging.</p> <p>Trauma informed care education offerings by Wichita State University were evaluated.</p> <p>Case Management assessed current process for SACK assessment referrals as needed. The best opportunity for funding would be to offer payment as</p>	<p>Case Management will track funding given for payment of SACK assessments.</p>	

	<p><b>NMC Health- expansion of Behavioral Health services planning.</b></p>	<p>needed, collaborate with resources for payment.</p> <p>In FY 2024, evaluation of opportunities to expand Behavioral Health services was completed. Started new provider service model on Senior Behavioral Health Unit effective October 2023. Nine persons served in the State Institutional Alternative Model of care.</p> <p>Emergency Department (ED) evaluated for addition of behavioral health rooms to enhance emergent behavioral health needs.</p> <p>Significant pre-construction planning work to expand NMC Health ED for three Behavioral Health rooms with construction initiated.</p> <p>NMC Health Clinics engaged in a KDHE projects for Zero Suicide Initiative.</p>		
<p><b>Provide basic mental health awareness to the community at large and direct to available resources</b></p>	<p><b>NMC Health will include bi-monthly social media efforts to educate the community on mental health risks, prevention and statistics.</b></p>	<p><b>Establish social media posting calendar. Post a minimum of six times per year.</b> Outcomes for FY 2024 include:</p>	<p>Evaluate effectiveness of efforts. Adjust as needed. Post a minimum of 6 times per year.</p>	<p>Evaluate effectiveness of efforts. Adjust as needed. Post a minimum of 6 times per year.</p>



		<p>Q1 – 1 social media post on mental health and suicide prevention</p> <p>Q2 – 11 social media posts on tips/awareness for mental health. 2 posts for teen addiction education/awareness. 11 blogs related to managing stress/improving mental health during Advent.</p> <p>Q3 – 1 post for mental health benefits of connectedness. 3 posts for teen mental health/coping issues.</p> <p>Q4 – 12 posts on mental health and management tips. 2 posts for teen addiction and prevention related to mental health.</p>		
	<b>Staff Education</b>	<p>In FY 2024, assessment and application for education opportunities was completed.</p> <p>Staff Education plan includes offering sessions on trauma informed care, mental health first aid, pediatric psych and dementia.</p>	<p>Host education sessions for key personnel on trauma informed care, mental health first aid, pediatric psychiatric care and dementia.</p>	
<p><b>Identified in the CHNA 911 call history was an increased level of the Harvey County Crime index (#/000) from 21.2 in 2020 to 24.6 in 2021.</b></p>	<p><b>Hospital Resource Officer (HRO) Program</b></p> <ul style="list-style-type: none"> <li>Bring officers to NMC Health multiple times during the night shift for patrol and surveillance</li> </ul>	<p><b>Assessment and implementation.</b></p> <p>In FY 2024, operations continue for HRO program. NMC Health continues to provide an HRO office space.</p>	<p>Continue HRO program and on-site office.</p>	

	<ul style="list-style-type: none"> <li>• Connect HROs with on-duty staff;</li> <li>• Build rapport and confidence in each other;</li> <li>• Enhance perceptions of feeling safe in our workspaces (for staff AND HROs);</li> <li>• Keep HROs informed of potential points of behavioral escalation so they don't walk into a situation "cold";</li> <li>• Pre-empt escalations whenever possible by working together in advance;</li> <li>• Build trust</li> </ul>			
<b>CROSS-WALK</b>	Youth not affected by Behavioral Health 2023-26 other goal, Partner agency			
<b>PREVIOUS WORK</b>	Mental Health First Aid classes by Prairie View			
<b>DEPARTMENT/DIRECTOR RESPONSIBLE: Executive Director of Clinical Outcomes; Director of Marketing</b>				

<b>BEHAVIORAL HEALTH</b>				
<b>Goal: Workforce Safety</b>				
<b>Healthy People 2030</b>				
By June 2026, Reduce work-related assaults (HP 2030: OSH-05)				
<b>STRATEGIES</b>	<b>ACTION STEPS</b>	<b>OUTPUTS</b>		
		<b>Short-term (6 mo. – 1 year)</b>	<b>Intermediate (1.5 - 2 years)</b>	<b>Long-term (2-3 years)</b>
<b>Promotion of safe care and work environment</b>	<p><b>NMC Health will provide space and support to an NPD substation onsite at the Medical Center.</b></p> <p><b>OSHA or Safety Officer to educate Leadership on workplace violence mitigation.</b></p> <p><b>NMC Health providers and staff participate in required annual TEAM Essentials.</b></p>	<p><b>Space will continue to be designated for the Hospital Resource Officers.</b></p> <p>NMC continues to provide office space for HRO program</p> <p>Education on workplace violence mitigation to be offered at least once</p> <p>There was a 90% completion rate for FY 2024.</p>	<p>Goal is a 95% completion rate.</p>	
<b>Prioritize advocacy for healthcare worker safety</b>	<b>NMC Health will provide resources/education for staff members.</b>	<p><b>Healthcare worker safety education offered at least once per year.</b></p> <p>In FY 2024, EMPAC was offered routinely to NMC Health as indicated. Education plans were established to offer trauma informed care, mental health first aid, pediatric psychiatric</p>	Continue to offer healthcare worker safety education one time a year.	

**NMC HEALTH COMMUNITY HEALTH IMPROVEMENT PLAN FY2024-2026**

		interventions and dementia care.		
<b>CROSS-WALK</b>				
<b>PREVIOUS WORK</b>	Rise in incidents of violent behavior with patients			
<b>DEPARTMENT/DIRECTOR RESPONSIBLE: Human Resources</b>				

**SOCIAL AND ECONOMIC GROWTH**

**Goal: Housing**

By June 2026,

Decrease the % of HH with severe housing problems (1 of 4: overcrowding, high housing costs, lack of kitchen, lack of plumbing)

- Baseline: 10%
- Target: 9%
- HP2030 Target: NA
- CHIP 2023 Target: 10%
- Data Source: County Health Rankings 2023

Increase percentage of homes that have an entrance without steps.

- Baseline: TBD
- Target:
- HP2030 Target: 53.1%
- Data Source:

Decrease rate of emergency department visits due to falls among older adults.

- Baseline: TBD
- Target:
- HP2030 Target: 5,447/100,000
- Data Source: NMC Health

Decrease fall-related deaths among older adults.

- Baseline: TBD
- Target: 16/450
- HP2030 Target: 63.4/100,000
- Data Source: TBD

Number of residents engaged in efforts.

Number of Policy, System, and Environmental Changes.

Data Source: Supervising agency

STRATEGIES	ACTION STEP	OUTPUTS		
		Short-term (6 mo. – 1 year)	Intermediate (1.5 - 2 years)	Long-term (2-3 years)
Agencies hosting, physically and fiscally, Community Case Manager (CCM) to assist those with housing difficulties to access services	NMC Health will provide coordinated resource referrals for those who identify as unhoused.	<p>Develop report that identifies number of patients that report status as unhoused.</p> <p>In FY 2024, the use of Case Management’s SDOH assessment was confirmed for reporting. SDOH data is available for abstraction. In Q1, 42 visits determined the patient was homeless or had no place to live. 37 of the 42 were White, 4 were African American and 1 was unknown.</p>	The Director of Case Management will evaluate and develop a care plan for housing challenges, with community collaboration.	Measure.

		<p>In Q2, 33 visits from Harvey County patients determined the patient was homeless or had nowhere to live. 27 of the 33 were White, 1 was African American and 1 was unknown.</p> <p>In Q3, per the SDOH assessments, 11 persons had issues with housing. Of these 11, all were White, all were not Hispanic or Latino, three were from Harvey County.</p> <p>In Q3, the SDOH assessment was evaluated for reporting and plans of outcome driven goals.</p>		
<b>Revive the Para-Medicine Program</b>	<b>NMC Health will assist in referrals for those who highly utilize emergency services in Harvey County.</b>	<p><b>Feasibility study for CCM.</b></p> <p>Feasibility study was completed in FY 2024.</p>	Implement CCM for emergency services population.	
<b>Community Case Manager (CCM) underwritten by NMC Health</b>	<b>NMC Health will pursue grant support to offer a CCM housed at the Medical Center.</b>	<p>EDCO will assess scope of position and work with NMC Health Grant Writer.</p> <p>Feasibility study was completed in FY 2024.</p>	Implement CCM for emergency services population	
<b>Home Health/volunteers-ramp program</b>	<b>CCM to develop community coordinated resource for populations that identify barriers to house access.</b>	CCM work with volunteers to assemble a community resource tool for ramp assistance.	Case Management scope of work addresses this need upon transitions. Will not address as a specific intervention in FY 2025.	

**NMC HEALTH COMMUNITY HEALTH IMPROVEMENT PLAN FY2024-2026**

		In FY 2024, the Director of Volunteer Services provided a “Wheelchair Ramp.2024” document that lists available resources for ramp construction. Resource listing shared with CHIP working group after April meeting.		
<b>CROSS-WALK</b>	Safety, Employment, Education, Chronic Disease, Poverty			
<b>PREVIOUS WORK</b>	2020-2023 CHIP			
<b>DEPARTMENT/DIRECTOR RESPONSIBLE: Executive Director of Clinical Outcomes; Director of Volunteer Services</b>				



**NMC HEALTH COMMUNITY HEALTH IMPROVEMENT PLAN FY2024-2026**

**SOCIAL AND ECONOMIC GROWTH**

**Goal: Child Care**

**By June 2026, reduce childcare cost burden from 23% to 20%**  
**Number of childcare slots needed to meet needs (capacity) of Harvey County.**

- **Baseline:** 544
- **Target:** 700
- **Data Source:** KDHE Child Care Licensing, 2019/survey of Harvey County residents

STRATEGIES	ACTION STEPS	OUTPUTS		
		Short-term (6 mo. – 1 year)	Intermediate (1.5 - 2 years)	Long-term (2-3 years)
Promote assistance available for parents to pay for childcare	Assess existing data for Newton and/or Harvey County; deduce for NMC Health impact.	<p><b>Research data and determine if applicable to NMC Health.</b></p> <p>In FY 2024, NMC Health identified that the Newton Chamber of Commerce had active plans in place to address this need. Information on child care offerings is provided to employees upon request.</p>	Other agencies or organizations with skill in child care offerings are addressing the need. Will not address in the NMC Health CHNA for FY 2025.	
	<b>NMC Health liaison with Newton Chamber of Commerce regarding childcare vendors and prospects within the community.</b>	Provide communication resources to NMC Health employees regarding child care options in the community.	Other agencies or organizations with skill in child care offerings are addressing the need. Will not address in the NMC Health CHNA for FY 2025.	
	<b>NMC Health to coordinate communication strategy regarding YMCA day program for child care activities.</b>	NMC Health’s HR office will inform and assist employees to make connections with community child care services. In FY 2024,	Other agencies or organizations with skill in child care offerings are addressing the need. Will not address in the NMC Health CHNA for FY 2025.	

		information was provided upon request.		
<b>CROSS-WALK</b>	Poverty, Employment; Behavioral Health Priority; Birth Outcomes/Family Planning/STI Priority To invite: DCF, Ministerial Alliances			
<b>PREVIOUS WORK</b>	2020-2023 CHIP; Leadership Team created under HHC – partnership of Newton Public-Private Partnership & Chamber of Commerce, HVCnty ICC, Harvey County United Way, Healthy Harvey Coalition, and area businesses, Child Care Licensing			
<b>DEPARTMENT/DIRECTOR RESPONSIBLE: Director of Human Resources; Chief Operating Officer</b>				

**NMC HEALTH COMMUNITY HEALTH IMPROVEMENT PLAN FY2024-2026**

**SOCIAL AND ECONOMIC GROWTH**

**Goal: Transportation**

By June 2026, increase the proportion of

**Bike Friendly Businesses**

- **Baseline:** 0
- **Target:** 3
- **Data Source:** League of American Bicyclists

**Bike Friendly Universities**

- **Baseline:** 0
- **Target:** 1
- **Data Source:** League of American Bicyclists

**Bike Friendly Communities**

- **Baseline:** 0
- **Target:** 1
- **Data Source:** League of American Bicyclists

**New policies adopted to support public and active transportation**

- **Baseline:** 0
- **Target:** 3
- **Data Source:** Lead Agencies records

STRATEGIES	ACTION STEPS	OUTPUTS		
		Short-term (6 mo. – 1 year)	Intermediate (1.5 - 2 years)	Long-term (2-3 years)
<b>Become a “Bike Friendly Community”</b> <ul style="list-style-type: none"> <li>• repair station/ lighting</li> <li>• racks</li> <li>• Bike Share Program participant</li> </ul>	<b>NMC Health to identify steps to implement Bike Share Program.</b>	<b>Identification of steps needed to implement Bike Share program on campus.</b> In FY 2024, a <ul style="list-style-type: none"> <li>• Bike repair station is in place</li> <li>• Bike racks are in place</li> </ul>	Determine NMC Health’s capability to manage a Bike Share Program on campus.	Implement if appropriate.
<b>Expand sidewalk between NMC Health and YMCA for a “closed loop” pathway</b>	<b>NMC Health will actively seek feasibility of expansion of the sidewalk between the NMC Health campus and YMCA.</b>	<b>Determination of logistics for sidewalk expansion.</b>  In FY 2024, a review of previous cost estimate and feasibility assessment evaluated.	Consider planning for sidewalk expansion.	Complete project.
<b>Participate in development of public transportation options for behavior health patients and the underserved</b>	<b>Host/ Coordinate meeting regarding transportation options with county, HMC, and Prairie View.</b>	<b>Host meeting</b>  In FY 2024, the Executive Director of Clinical Outcomes (EDCO) has evaluated transportation options with	Develop plan.	Implement Plan.

		<p>community partners; reviewed on 1:1 basis. The EDCO will evaluate the opportunity of a meeting.</p> <p>In Q2, the EDCO and Executive Director of Development and Outreach participated in county-wide grant effort to fund transportation services.</p>		
<b>CROSS-WALK</b>	Poverty, Employment, Child Care, Food Insecurity			
<b>PREVIOUS WORK</b>	2017-2020 CHIP; Interurban, Find a Way, Simply Safe, Regional Transportation, Walk & Roll Harvey Strategic Plan 2021-2024			
<b>DEPARTMENT/DIRECTOR RESPONSIBLE: Chief Operating Officer, Facilities Director</b>				

**SOCIAL AND ECONOMIC GROWTH**

**Goal: Employment**

By June 2026,

Reduce the proportion of adolescents and young adults who are not in school or working. HP 2030-AH-09

- **Baseline:** 1.5%
- **Target:** 1.0%
- **HP2030 Target:** 10.1%
- **Data Source:** Kansas Health Matters

Increase employment among the working-age people. HP2030-SDOH-02

- **Baseline:** 64%
- **Target:** 66%
- **HP2030 Target:** 75%
- **CHIP 2023 Target:** 66%
- **Data Source:** Census 2021 ACS 5-year estimates (Employment/Population Ratio)

**Workplace Safety**

<https://health.gov/healthypeople/objectives-and-data/browse-objectives/workplace/reduce-work-related-assaults-osh-05>

STRATEGIES	ACTION STEPS	OUTPUTS		
		Short-term (6 mo. – 1 year)	Intermediate (1.5 - 2 years)	Long-term (2-3 years)
Job fairs	NMC Health will host one job fair each year.	<p><b>Identify and participate in 20 job fairs for FY2024 (a combination of face to face and virtual).</b></p> <p>Outcomes for FY 2024 include: Q2- January 2024 (we historically participate in 4 virtual(s), 4 WSU, 2 Butler Community College, 2 Bethel and 2 semi-annual Century II and 2 Holiday Inn (Rock Rd) job fairs – totaling 16 job fairs plus 2 internal – totaling 18 per year.</p> <p>Hosted a virtual Career Day on 02/01/2024.</p>	Continue to evaluate addition to current yearly schedule of 18, to attempt to 2 per month, or 24 annually.	

**NMC HEALTH COMMUNITY HEALTH IMPROVEMENT PLAN FY2024-2026**

<p><b>Scholarships Tuition Reimbursement</b></p>	<p><b>The Human Resources (HR) Department will review educational benefits.</b></p>	<p>Review and update current practices by June 2024.</p> <p>In FY 2024, quarter 1- HR's last review occurred in July 2022 and typically those are reviewed every 2 or 3 years.</p>	<p>HR will continue to monitor any changes that may occur outside the customary review cycle.</p>	
<p><b>Professional Development Programming-Sterile Processing Tech, Phlebotomy, Nursing</b></p>	<p><b>NMC Health to explore formalized apprenticeship program for careers in Health Care.</b></p>	<p><b>HR to collaborate with Nursing and Lab Leadership on possible initiatives.</b></p> <p>Consider engaging in partnerships with local schools or colleges.</p> <p>The inaugural Patient Care Technician (PCT) program was developed and implemented in June 2024. The program is a collaborative pilot with Kansas Health Works and Newton High School.</p>	<p>HR will continually monitor and collaborate with stakeholders to determine if current offerings remain sufficient.</p>	
<p><b>Youth Volunteer Program</b></p>	<p><b>Program to be initiated at the County level by the United Way Chairperson.</b></p>	<p><b>Investigate how NMC Health can engage with this program via the Director of Volunteer Services.</b></p> <p>Outcomes for FY 2024 include: Q2- Met with CMS and 2 homeschool groups to discuss, set parameters, program standards and goals Q3- Timeline and summer schedule created; Youth</p>		

		Volunteer program on hold until strong adult volunteer leadership is found; framework created		
<b>YMCA job prep program- needs funding; hosting student</b>	<b>Assess the role NMC Health might play in collaboration with other organizations and the YMCA to begin this program in Newton.</b>	<b>The COO will monitor development of this program.</b>  Outcomes for FY 2024 include: Q2- COO engaged with task force of Newton YMCA Advisory Board to explore feasibility of program in Newton. Q3- COO continued engagement with task force of Newton YMCA Advisory Board. Progress is being made towards goal. Q4- There is continued action and progress towards goal of offering Job Prep Program in Newton in Spring/Summer of 2025.		
<b>Project Search</b>	<b>Continue current partnership with Project Search.</b>	Project Search students will have classroom space within the hospital.  Square footage space totals 785 sq ft.	Continue to offer classroom space.	
<b>Kansas Big Brother &amp; Sisters</b>	<b>NMC Health employees provided with details on how to volunteer with local youth organizations and encouraged to do so as a means of</b>	<b>Evaluate feasibility - whether staff can participate during their work day and receive compensation. Determine policies necessary. Place 1-2 Bids.</b>	Identify volunteer opportunities for employees with youth/mentoring organizations in our service area.	Promote opportunities via NMC Now and flyers a minimum of two times during the year.

**NMC HEALTH COMMUNITY HEALTH IMPROVEMENT PLAN FY2024-2026**

	<p><b>connecting with our community and exposing youth to opportunities in health care.</b></p>	<p>NMC Health provided food booth at the Big Brothers Big Sisters fund raiser on 01/27/2024.</p> <p>Feasibility assessment completed.</p> <p>NMC Health will <u>encourage</u> employees to participate in a youth/mentoring program (such as, but not limited to, the Kansas Big Brothers &amp; Big Sisters program). Such participation will be on the employee’s time (i.e., unpaid). Employees may request time-off, or a schedule adjustment for this purpose. To the extent possible, as permitted by business need, the employee’s manager may/may not approve such requests.</p>	<p>Promote opportunities via NMC Now and flyers at least one time during the year (volunteer month).</p>	
<b>CROSS-WALK</b>	Child Care, Housing, Poverty, Chronic Disease, Behavioral Health, Education; CTE at NHS; Economic Development Center			
<b>PREVIOUS WORK</b>	CHNA/CHIP 2020-2023			
<b>DEPARTMENT/DIRECTOR RESPONSIBLE: Director of Human Resources; Chief Operating Officer; Director of Volunteer Services; Director of Marketing-</b>				



**SOCIAL AND ECONOMIC GROWTH**

**Goal: Food Insecurity**

By June 2026,

Eliminate very low food security in children. HP 2023 NWS-02

- Baseline: TBD
- Target: 0
- HP2030 Target: 0
- Data Source:

Decrease the percentage of children in Harvey County living with food insecurity

- Baseline: 15.3%
- Target: 13.5%
- HP2030 Target:
- CHIP 2023 Target: 17.5%
- Data Source: Kansas Health Matters

Decrease the percentage of Harvey County residents living with food insecurity. HP 2030 NWS-01

- Baseline: 10%
- Target: 8%
- HP2030 Target: 6%
- CHIP 2023 Target: 11%
- Data Source: County Health Rankings 2020

Number of people engaged in efforts

STRATEGIES	ACTION STEPS	OUTPUTS		
		Short-term (6 mo. – 1 year)	Intermediate (1.5 - 2 years)	Long-term (2-3 years)
<p>Explore location options for Harvey County Farmer’s Market</p> <p>Host a Farmer’s Market event on campus with Food Prep demonstrations</p>	<p>Assess ways to collaborate with existing programs and organization towards:</p> <ul style="list-style-type: none"> <li>• Farmers Markets</li> <li>• Food prep demonstrations</li> </ul>	<p>Host one Harvey County Farmer Market event on NMC Health campus.</p> <p>Director of Volunteer Services presented COO with “Harvey County Food Resources” information on resource locations and website links for farmer’s markets, family farms, nutrition info and culinary programs and presenters; reached out to Kansas State Extension office regarding Farmer’s Market set up at NMC.</p>	<p>Host farmers market on campus in July/August 2024.</p>	
<p>“Blessing Box” concept outside Emergency Room</p>	<p>Director of Volunteer Services will develop a proposal for a similar concept.</p>	<p>Proposal to be developed by December 2023.</p>	<p>Need is addressed through the Caring Closet pantry.</p>	

**NMC HEALTH COMMUNITY HEALTH IMPROVEMENT PLAN FY2024-2026**

		Caring Closet pantry has food available for persons in need.	Will not address this need through a blessing box in FY 2025.	
<b>Work Partner with “The Porch”</b>	<b>Director of Volunteer Services will develop a proposal.</b>	In FY 2024, the Director of Volunteer Services contacted the Director about needs. The response indicated opportunity for adult mentors for after school program, midweek dinner servers, food pantry volunteers, tangible food items needed (after school snacks, infant feeding supplies, general supplies for food pantry).	Provide information to NMC Health employees regarding volunteer opportunities.	
<b>NMC Health currently donates to Circle of Hope</b>	<b>The Director of Food and Nutrition Services (FANS) will continue to support Circles of Hope with food donations.</b>	Food donations will remain consistent. In FY 2024 the number of meals donated totaled <u>\$2,677.00.</u>	Continue to support Circles of Hope with Food Donations.	
<b>Shared Food Network</b>	<b>The COO will explore similar programs and assess what/how they could work at NMC Health.</b>	Shared Food Network program investigated and reported to NMC Health CHNA group. Concept reviewed and proved to not be feasible at this time.	Discontinue this program due to resource constraints.	
<b>Optimize participation in Meals on Wheels</b>	<b>The Meals on Wheels (MOW) program will continue to be part of the NMC Health FANS’ daily purpose.</b>	Meals provided for MOW will remain constant or increase as need demands.  In FY 2024 continued and consistent participation. # of meals served this FY to date: <u>28,911.</u>	Continue to provide meals for the Meals on Wheels program.	

**NMC HEALTH COMMUNITY HEALTH IMPROVEMENT PLAN FY2024-2026**

<p><b>Support Meals on Wheels through its annual “Share the Love” gourmet box lunch fundraising event.</b></p>	<p><b>NMC Health will host the annual event, promote the program to increase awareness, provide volunteers, and donate funds.</b></p>	<p>Host and support MOW’s “Share the Love” fundraising event. NMC Hosted the Share the Love fundraiser in FY 2024. Greater than 1000 meals were served.</p>	<p>Continue to host and support the Share the Love fundraising event.</p>	
<p><b>Contribute to community food bank.</b></p>	<p><b>NMC Health will make an annual donation to a community food bank during the holidays.</b></p>	<p><b>Conduct an internal employee food drive for collecting food donations.</b>  An employee food drive conducted on 12/13/2023 in conjunction with employee Christmas event.</p>	<p>Conduct an annual food bank donation event.</p>	
<p><b>Emergency Food Bag from Caring Closet</b></p>	<p><b>NMC Health will develop emergency food and resource bag for underserved patients that express barriers at discharge. Emergency food and resource bag available through Caring Closet.</b></p>	<p><b>NMC Health Case Management will prepare and distribute bags as need demands.</b>  Caring Closet keeps a consistent stock of emergency food bags and provides to patients in need.  An interview provided to Newton Now highlighting efforts of the Caring Closet and donation opportunities. Food bags continue to be created; stock and available.</p>	<p>Continue to offer food for underserved patients in need at discharge as assessed appropriate.  Host one donation event to the Caring Closet annually.</p>	
<p><b>CROSS-WALK</b></p>	<p>Transportation, Education, Child Care, Chronic Disease</p>			
<p><b>PREVIOUS WORK</b></p>	<p>Harvey County Food and Farm Council, Strategic Plan 2023-2028</p>			
<p><b>DEPARTMENT/DIRECTOR RESPONSIBLE: Director of Volunteer Services, Director of Food and Nutrition Services; Executive Director of Clinical Outcomes; Chief Operating Officer</b></p>				

**SOCIAL AND ECONOMIC GROWTH**

**Goal: Health Literacy**

Improve Communication and Language Access for Individuals with Limited English Proficiency and Persons with Disabilities

**Healthy People 2030 Goals:**

- Increase the health literacy of the population. HP 2030 HC/HIT-DO1
- Decrease the proportion of adults who report poor communication with their healthcare provider. HP 2030 HC/HIT-03
- Increase the proportion of adults with limited English proficiency who say their provider explain things clearly. HP 2030 HC/HIT-02

Base line: Demographics for Harvey County show 12.2% Hispanic/Latino. Language preference was not assessed on this CHNA

STRATEGIES	ACTION STEPS	OUTPUTS		
		Short-term (6 mo. – 1 year)	Intermediate (1.5 - 2 years)	Long-term (2-3 years)
Educational event/communication plan to key stakeholders at NMC Health to increase understanding and awareness of disparities and why important to address them (with staff/public)	NMC Health will offer an educational event to key stakeholders regarding Health disparities and literacy.	<p><b>Evaluate internal current practices and establish NMC Health standards for multi-language, readability and ADA communication.</b></p> <p>Verifying &amp; updating public/patient materials to 8<sup>th</sup> grade reading level or lower. Added Spanish to signs for self-screenings, some of the Urology signage and intake processes. A task force charter was developed to initiate meetings in FY 2025.</p>	Conduct internal education efforts and complete implementation plan.	One educational event will be offered by June of 2026.
Recruit member(s) of disparate communities to serve on Patient Family Advisory Council (PFAC) and pilot projects	Director of Volunteer Services will discern applicable candidates for this representation to the PFAC committee.	<p><b>Consider possible candidates.</b></p> <p>An ongoing review of possible candidates. Identified potential of 5 PFAC members.</p>	Complete a board diversity matrix.	

**NMC HEALTH COMMUNITY HEALTH IMPROVEMENT PLAN FY2024-2026**

<p><b>Financially support Kansas Pediatric Foundation literacy programs</b></p>	<p><b>NMC Health will contribute to the “Turn a page, touch a mind” reading program for Kansas Pediatric Foundation.</b></p>	<p>Make an annual donation. The Kansas chapter was contacted – check request submitted to Accounts Payable for payment on 04/23/2024.</p>		
<p><b>DEPARTMENT/DIRECTOR RESPONSIBLE: Director of Volunteer Services, Director of Food and Nutrition Services, Executive Director of Clinical Outcomes</b></p>				

SOCIAL AND ECONOMIC GROWTH				
Goal: Poverty				
<p>By June 2023,</p> <p><b>Reduce the proportion of people living in poverty HP 2030 SDOH-01</b></p> <ul style="list-style-type: none"> <li>• <b>Baseline:</b> 47%</li> <li>• <b>Target:</b> 45%</li> <li>• <b>HP2030 Target:</b> 8%</li> <li>• <b>Data Source:</b> Census ACS 2021</li> </ul> <p><b>Increase the proportion of people with health insurance HP 2030 AHS-01</b></p> <ul style="list-style-type: none"> <li>• <b>Baseline:</b> 89.4%</li> <li>• <b>Target:</b> 91%</li> <li>• <b>HP2030 Target:</b> 92.4%</li> <li>• <b>Data Source:</b> Kansas Health Matters</li> </ul> <p>Health outcomes of those living with poverty</p>				
STRATEGIES	ACTION STEPS	OUTPUTS		
		Short-term (6 mo. – 1 year)	Intermediate (1.5 - 2 years)	Long-term (2-3 years)
Attendance of elected officials at poverty simulation	NMC Health to host City and County elected officials 1x/year. Highlight awareness of SDoH and State of the Community Hospital.	<p><b>Annual event scheduled.</b></p> <p>NMC Health Executive team hosted a legislative luncheon with elected officials on 07/14/2023.</p>	Annual event scheduled.	Annual event scheduled.
Promote insurance options for those without insurance	<p>NMC Health will use The Midland Group to help patients obtain Medicaid and/or other arrangements for paying hospital bills.</p> <p>NMC Board of Directors will determine the annual Community Benefit goal.</p>	<p><b>Retain financial assistance group.</b></p> <p>Midland group continues to offer on site financial assistance.</p> <p><b>Meet annual Community Benefit contribution goal.</b></p> <p>In FY 2024 Q1-FYTD Sept 2023:</p>		

**NMC HEALTH COMMUNITY HEALTH IMPROVEMENT PLAN FY2024-2026**

		<ul style="list-style-type: none"> <li>• \$1,019,996.00</li> </ul> Q2-FYTD Dec 2023: <ul style="list-style-type: none"> <li>• \$2,417,606.00</li> </ul> Q3-FYTD March 2024 <ul style="list-style-type: none"> <li>• \$3,908,109.00</li> </ul>		
<b>Agencies hosting, physically and fiscally, Community Health Workers to assist those living in poverty to access services</b>	<b>NMC Health to host or attend a Bridges out of Poverty meeting to assess our ability to coordinate efforts.</b>	<b>Conduct feasibility assessment.</b>  Feasibility assessment completed in FY 2024.	Case Management Department to host one meeting with Bridges out of Poverty to heighten awareness of service and volunteer opportunities.	
<b>CROSS-WALK</b>	Housing, employment, chronic disease, education, behavioral health, transportation			
<b>PREVIOUS WORK</b>	Peace Connections/Circle of Hope			
<b>DEPARTMENT/DIRECTOR RESPONSIBLE: Chief Clinical Officer, Executive Director Clinical Outcomes, Chief Financial Officer, Chief Executive Officer.</b>				

SOCIAL AND ECONOMIC GROWTH				
Goal: Poverty-Healthcare coverage				
By June 2024				
Reduce the proportion of people living in poverty HP 2030 SDOH-01 <ul style="list-style-type: none"> <li>• Baseline: 47%</li> <li>• Target: 45%</li> <li>• HP2030 Target: 8%</li> <li>• Data Source: Census ACS 2021</li> </ul>		Increase the proportion of people with health insurance HP 2030 AHS-01 <ul style="list-style-type: none"> <li>• Baseline: 89.4%</li> <li>• Target: 91%</li> <li>• HP2030 Target: 92.4%</li> <li>• Data Source: Kansas Health Matters</li> </ul>		
Health outcomes of those living with		poverty		
STRATEGIES	ACTION STEPS	OUTPUTS		
		Short-term (6 mo. – 1 year)	Intermediate (1.5 - 2 years)	Long-term (2-3 years)
Charitable Contributions	NMC Health has budgeted 4.1 million for Total Charitable contributions for the FY2024	Throughout the year, 40 social media posts promoting use of HCA or MDsave, addition of table top notices in dining room and waiting rooms, earned media story with Harvey County Now, addition of HCA information on outdoor digital signs.		
CROSS-WALK	Housing, employment, chronic disease, education, behavioral health, transportation			
PREVIOUS WORK	NMC Health			
DEPARTMENT/DIRECTOR RESPONSIBLE: Chief Financial Officer, Chief Executive Officer, Director of Financial Services				



ADDENDUM-1

**GLOSSARY OF ABBREVIATIONS**

ADA – American Diabetes Association (page 5)  
 ADA – Americans with Disabilities Act (page 22)  
 APNCU – Adequacy of Prenatal Care Utilization  
 BP – Blood Pressure  
 CCO – Chief Clinical Officer  
 CCM – Community Case Manager  
 CHIP – Community Health Improvement Plan  
 CHNA – Community Health Needs Assessment  
 COO – Chief Operating Officer  
 CTE – Career & Technical Education  
 EDCO – Executive Director of Clinical Outcomes  
 EMC – Early and Middle Childhood  
 FANS – Food and Nutrition Services  
 FP – Family Planning  
 HDS – Heart Disease and Stroke  
 HH – Household  
 HHC – Healthy Harvey Coalition  
 HIT – Health Information Technology  
 HMC – Health Ministries Clinic  
 HP – Healthy People  
 HR – Human Resources

HRO – Hospital Resource Officer  
 ICC – Interagency Coordinating Council  
 KDHE – Kansas Department of Health & Environment  
 LMSW – Licensed Master Social Worker  
 MICH – Maternal, Infant, and Child Health  
 MOW – Meals on Wheels  
 NHS – Newton High School  
 NPJ – Newton Police Department  
 NWS – Nutrition and Weight Status  
 OSHA – Occupational Safety and Health Administration  
 PFAC – Patient and Family Advisory Council  
 P&P – Policies & Procedures  
 Q (1-4) – Fiscal Quarter 1-4  
 SBHC – Senior Behavioral Health Center  
 SDoH or SDOH – Social Determinants of Health  
 STI – Sexually Transmitted Infections  
 TBD – To be determined  
 TEAM – Techniques for Effective Aggression Management  
 VP – Vice President  
 WIC – Women, Infants, and Children  
 USPSTF – United States Preventative Services Taskforce



This document was reviewed and approved by the  
NMC Health Board of Directors on July 23, 2024

Questions and concerns about NMC Health's Community Health Implementation Strategy may  
be directed to the Department of Quality Management via email to

[Melanie.Shuff@mynmchealth.org](mailto:Melanie.Shuff@mynmchealth.org)