



## VISITORS FOR YOU AND BABY

### General Policies

- Upon admission to the Family Birthing Center, you will be informed of the most current visitation policy by nursing personnel.
- No visitors under the age of 12 year are permitted to visit unless they are siblings of the newborn.
- Visitors displaying signs of communicable illness will not be allowed to visit.
- Siblings are to be accompanied by an adult other than the patient.
- NMC Health reserves the right to close the unit to visitors during peak cold and flu season.
- Any visitor(s) interfering with the delivery of care may be asked to vacate the area.
- Any visitor(s) refusing to leave the area may be physically removed by administration and/or law enforcement personnel.
- Hand hygiene should be practiced by visitors and siblings prior to having contact with the newborn.
- Parents share in the responsibility of preventing the exposure of their newborn to a sibling with a contagious illness by providing accurate information about illness or exposure and by prompting visitors and siblings to wash hands prior to holding baby.

### Labor/Delivery

- Support persons, family members or coach may stay with the you during labor at the discretion of the physician and/or registered nurse (RN).
- Two support persons may stay with you during vaginal delivery at the discretion of the physician and/or RN.
- Family members, other than support persons, must wait in the waiting area at the end of the hall on the unit or in the front lobby. No standing outside the labor room door or waiting in the hallway will be permitted.
- When a support person accompanies you to deliver in the C-section room, proper attire must be worn and instructions given by the nurse must be followed.
- The attending physician &/or RN is responsible for the patient and her visitors.

Over for Special Care Nursery and Adoptions →

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## VISITORS IN SPECIAL CARE NURSERY

### Newborns in Special Care Nursery

- One or both parents must accompany all visitors. If newborn has only one parent present, mother's significant other wearing bracelet matching newborn's bracelet may substitute for the second parent.
- Other than parents, only siblings and/or grandparents are allowed in Nursery and they must be accompanied by a parent.
- If there is more than one baby in the SCN only parents will be allowed to visit.
- All visitors must wash their hands before having contact with neonate.
- Sick siblings shall not be allowed in SCN.
- Parents shall complete "Special Care Nursery Sibling Visitation Health Questionnaire" in the Special Care Nursery Visiting Policy pamphlet prior to allowing siblings to visit,
- Visitors, including parents will be asked to leave the SCN whenever another delivery by c-section is called and can return when staff is assured the infant won't require any special care.

## VISITING A NEWBORN TO BE ADOPTED

### Newborns to be adopted

- Family Birthing Center (FBC) staff shall follow the wishes of the birth mother of an infant to be placed for adoption until legal documents are provided and in the infant's chart giving rights to the adoptive parents.
- FBC staff shall follow the wishes of the adoptive parents after legal documents are provided and in the infant's chart giving custody of the infant to the adoptive parents.

Over for General and Labor/Delivery Policies →

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